

VOLUNTEENS SERVE OUR VETERANS

VolunTeen is a Legion Family term for anyone under age 18 who volunteers on behalf of a veteran, whether it's by reading books or helping with email correspondence for an elderly veteran, helping with activities for military children, or making tray favors for hospitalized veterans. VolunTeens typically must be at least 15 years old to work in a VA Medical Center and at least 7 years old to work with a senior member in service outside a VA facility. The Auxiliary annually recognizes service hours reported to National Headquarters through an ALA department, whether the VolunTeen is a Junior Auxiliary member, a Sons of The American Legion member, or honors their service commitments without benefit of membership in The American Legion Family.



Each VA Medical Center may nominate one Veterans Affairs Voluntary Service (VAVS) student



volunteer who has served 100 hours of regularly scheduled volunteer service to be considered for the annual James H. Parke Scholarship. To learn more about the generous Parke Scholarship, visit www.volunteer.va.gov.

JUNIOR PROFILE

If you are female, 17 years of age or younger and love your country, imagine attending a regional or national meeting focused on Junior Activities with a hundred girls who could

become your lifelong friends! Junior members volunteer with other girls in their age group in many engaging activities:

- ★ learning about American flag etiquette
- ★ participating in parades and patriotic observances
- ★ helping with food drives, special Auxiliary veterans programs, projects for military families and their children, and days of service
- ★ distributing poppies on Memorial Day and/or Veterans Day
- ★ volunteering at Veterans Affairs Medical Centers
- ★ making and distributing holiday cards for veterans
- ★ mentoring students of military families by helping to ease their transition into a new school

The American Legion Auxiliary encourages young women to lead the way in continuing its legacy of serving veterans, the military and their families.

For more information about Junior Activities, visit us at www.ALForVeterans.org, or contact your local American Legion Auxiliary unit at:



**American Legion Auxiliary
National Headquarters**

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www.ALForVeterans.org

www.ALAFoundation.org

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American Legion Auxiliary

**Joining a Legacy of Service
with Lifelong Friends**

Junior Activities



**In the Spirit of Service Not Self
for Veterans, God and Country**



American Legion Auxiliary



LEGACY OF SERVICE

From World War I to today, committed, caring women have served America's veterans through the American Legion Auxiliary. Headquartered in Indianapolis, it is the largest women's patriotic service organization in the world and boasts a membership of nearly 800,000. With a presence in nearly 9,000 communities, its mission is to support The American Legion and honor the sacrifice of those who serve by enhancing the lives of our veterans, military, and their families, both at home and abroad, including volunteering nearly 1 million hours annually in VA Medical Centers—indeed, a proud legacy of service.

ALA GIRLS STATE/GIRLS NATION

Each summer, approximately 20,000 high school juniors across the country learn what it's like to live and breathe the government. As an ALA Girls State "citizen," young women run for office to fill city and state positions in their own miniature city, county and state governments. It is a fast-paced, interactive week of campaigning, debating current issues, voting, meeting state political figures, and just having fun with other girls who share a common interest.



From each ALA Girls State program, two delegates earn the right to participate in ALA Girls Nation in Washington, D.C. During that week, the "senators" learn about government on a national level, tour our nation's capital and meet leaders in various branches of government.

Both programs provide a week of living together with all the privileges, rights and responsibilities of American citizenship—one that is remembered for a lifetime. In fact, a number of United States senators, representatives and other leaders of today developed an interest in government as a result of their involvement with ALA Girls State/Girls Nation.



SPIRIT OF YOUTH

Believing that education is a building block for freedom, the American Legion Auxiliary actively supports students who want to attend college. Since 1983, the Spirit of Youth and other Auxiliary programs have provided Junior Auxiliary members nearly \$1 million in scholarships. Helping young women determine their prospective career paths is an important component of ensuring their future success.

JUNIORS' PATCH PROGRAM

Junior members of the American Legion Auxiliary may earn both physical and electronic patches for prescribed activities in Americanism, Community Service, Education, Field Service, Leadership, Membership, National Security, Physical Fitness, Poppy, Technology and Veterans Affairs & Rehabilitation. Participating in the Patch Program is a terrific way to be involved in learning about the Auxiliary, volunteering in the community and serving our country's veterans and military. For more information, visit www.ALAforVeterans.org.

POPPIES

Mention "poppies," and many people think of veterans. The poppy of Flanders Fields became the memorial flower of the American Legion Auxiliary in 1921. Since then, a red crepe paper poppy has symbolized the sacrifice veterans made for us all. Around Memorial Day and Veterans Day, Auxiliary volunteers of all ages across the country distribute millions of poppies in exchange for donations to assist veterans and active-duty military in their local communities.

